

# *We Will Teach You in a Box*-Sylvia Rath



## Here are some of my favorite resources:

### **Basic Zoom Tips**

1. Buy a ring light to brighten up your face! [https://www.amazon.com/gp/product/B082G1H15D/ref=ppx\\_yo\\_dt\\_b\\_search\\_asin\\_title?ie=UTF8&psc=1](https://www.amazon.com/gp/product/B082G1H15D/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&psc=1)
2. Looking good! Go to Zoom *Manage Settings* and *Touch Up Appearance*.
3. Zoom tutorials <https://support.zoom.us/hc/en-us/articles/206618765-Zoom-video-tutorials>
4. Educate parents-- Zoom is NOT a replacement for Preschool. It is support for Home Schooling till it is safe to return to school. Get parents to teach kids how to mute and unmute. Ask them to use a larger screen than a phone. An iPad, computer screen or best-- hook up the computer to use the TV as a monitor-- so kids can see each other and the story is big enough. Figure out a way that they can gather materials for hands-on projects at home.
5. Use Spotlight to make yourself or a guest or a child larger on the screen. Spotlight children to highlight dancing.
6. Use screen share when you want to share a photo or short video. Make a video archive of your own videos to keep in a Gallery on your website.

### **Below are just a few samples of music and movement activities that you can find on YouTube:**

I search YouTube for music and movement

Wake up exercise <https://www.youtube.com/watch/1gUbdNbu6ak>

Happy Dance [https://www.youtube.com/watch?v=cQ6BPWylueQ&list=RDMM&start\\_radio=1](https://www.youtube.com/watch?v=cQ6BPWylueQ&list=RDMM&start_radio=1)

Jiggle Your Scarf <https://www.youtube.com/watch?v=pYnv7zFjJ-Q>

### **Music for shakers and sticks**

The Learning

Station <https://docs.google.com/spreadsheets/d/18y5qJFIHnIZ217zkkIzBrNfpgel4FifC5VLvx7YAT9U/edit#gid=0>

### **Thunder and Raindrops**

Hear the thunder all around

As our rhythm sticks hit the ground

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Boom, boom boom, boom, boom, boom  
Hit the ground make a thunder sound.

Hear the rain drops all around  
As our rhythm sticks hit the ground  
Pitter patter, pitter patter  
hit the gourd make a raindrop sound.

Thunder BOOM  
Raindrops pitter patter  
Thunder Boom  
Raindrop pitter patter

(repeat)

Source: *Rachel Rambach* <https://docs.google.com/spreadsheets/d/18y5qJFIHnIZ217zkkIzBrNfpgel4FifC5VLvx7YAT9U/edit#gid=0>

Rhythm sticks song lyrics <https://www.adventuresofabookworm.com/2018/07/11/rhythm-sticks/>  
Hap Palmer music- Tap your Sticks <https://www.youtube.com/watch?v=M-UKTeWNgOk>

**Dance video for kids** <https://www.youtube.com/watch?v=l1gMUbEAUFw>  
Dance and Freeze - Greg and Steve [https://www.youtube.com/watch?v=xP8z\\_ZAJoGE](https://www.youtube.com/watch?v=xP8z_ZAJoGE)

**Dance before a long story and "spotlight" dancers on the zoom**  
Can't Stop This Feeling - Justin Timberlake <https://www.youtube.com/watch?v=ru0K8uYEZWw>  
Happy with Pharrell Williams <https://www.youtube.com/watch?v=C7dPqrmDWxs>

**Short Meditation and Mindfulness Videos for kids**  
Rainbow Breath <https://www.youtube.com/watch?v=O29e4rRMrV4>  
Listening Mindfulness- [https://www.youtube.com/watch?v=uUIGKhG\\_Vq8](https://www.youtube.com/watch?v=uUIGKhG_Vq8)

**Science experiments that you can do on Zoom. Look and the videos and try at home!**  
Balloon Rockets- <https://www.youtube.com/watch?v=KMX7zgaLC0w>  
<https://www.youtube.com/c/spanglereffect>  
Steve Spangler teaches us all some great  
experiments <https://www.youtube.com/watch?v=aTodBXZaUU> check out all his YouTube!  
Under science links  
Snow in A Jar  
[https://www.growingajeweledrose.com/2013/12/snow-storm-in-jar\\_9.html?fbclid=IwAR29o96UN-gThD3\\_FfsufKbgFYT6o2et70FFX0JgUL7rZks4aEKkCyEhW\\_A](https://www.growingajeweledrose.com/2013/12/snow-storm-in-jar_9.html?fbclid=IwAR29o96UN-gThD3_FfsufKbgFYT6o2et70FFX0JgUL7rZks4aEKkCyEhW_A)  
Toilet Paper Experiment  
<https://www.stevespanglerscience.com/lab/experiments/toilet-paper-launch/>

## **Favorite Books that speak to a child's experience**

### **Pandemic**

Not Forever But For Now; A Story For Children About Feelings During A Pandemic  
Those Mean Nasty Dirty Downright Disgusting But... Invisible Germs.  
Germs Are Not for Sharing

### **Sleep**

Llama Llama Red Pajama (Have Pajama Day and everyone dresses in PJs)  
Piggies In Pajamas

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The Girl Who Got Out of Bed

## **Siblings**

Julius The Baby of The World (great for siblings with a 6-month-old baby)

Big Sarah's Little Boots

Will You Carry Me?

## **Feelings**

Mean Soup

The Chocolate Covered Cookie Tantrum

How Are You Peeling

Sally Simon Simmons' Super Frustrating Day

Pass It On

The Rabbit Listened

Jared's Cool Out Space

Words Are Not for Hurting

The Rabbit Listened

## **Diversity books (follow up with self-portraits, portraits of friends and family and handprints colored with skin tone crayons or markers)**

Amazing Grace

Happy in Your Skin

Who's in A Family

The Colors of Us

The Family Book

We Are All Alike, We Are All Different

Bright Eyes, Brown Skin

## **Anti-Bias Gender**

Jacob's New Dress

Ballerino Nate

Julian Is A Mermaid

Pirate Princess

## **Potty Books**

Everyone Poops

It Hurts When I Poop

## **Books about rain**

Muddle Puddle

Big Sarah's Little Boots (also works for kids with younger siblings)

## **Books about conflicts (follow up with a puppet show or persona dolls)**

That Toad Is Mine

We Can Get Along

## **Art (draw sunflowers from a still life)**

Van Gogh and The Sunflowers

Vincent Can't Sleep

## **Parenting Book resources**

I Love You Rituals (Great Finger Plays for Teachers too)

You Can't Come to My Birthday Party

How to Talk So Kids Will Listen and Listen so Kids Will Talk

Positive Discipline for Preschoolers (By Jane Nelson)

## ***We Will Teach You in a Box-Sylvia Rath***

Parenting Without Power Struggles; Raising Joyful, Resilient Kids While Staying Cool, Calm and *Connected*

Your Not The Boss of Me

The Joys and Challenges of Raising Your One and Only; Parenting an Only Child

The Power of Showing Up

The Sleep Book for Tired Parents

There are so many great books and topics out there and the above are just the tip of the iceberg!

[Check out my school Little Village Nursery School at www.lvns.org](http://www.lvns.org)

**Director and currently Zoom Teacher - Sylvia Rath**